

How to help mentors to work on educational objectives within the framework of mentoring with children and youngsters

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Who are we?

- Non-profit social entity, delegation of the French association AFEV (1991)
- We promote social volunteering among young people
- We fight against social inequalities and educational exclusion for children and youngsters at risk of social and educational exclusion (8 to 21 years old)
- Catalonia - 2008, Valencia - 2018
- Our main work methodology is social and educational mentoring. Individual accompaniment 1 day a week throughout the school year.
- Projects: enTàndem (Seal of Quality Certificate - CMS) and Prometeus



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Why do we define educational goals in mentoring relationships?

The most impactful mentoring relationships are based not only on the construction of the link between mentees and mentors, but the definition of clear, concrete and shared objectives is equally or more necessary for the mentoring to be successful”

(Jean Rhodes, Center for Evidence-Based Mentoring University of Massachusetts, 2020)

What educational objectives do we work on in AFEV mentoring projects?

- **Self esteem, self concept and confidence**
 - Discover one's specificities: skills, competences and abilities. Raise awareness about and value them.
- **Autonomy and initiative**
 - Accompany the child/youngster to reflect on their learning process , promoting process awareness.
- **Motivation**
 - Discover what you like, what excites you, open yourself to the unknown
- **Academic orientation and school dropout prevention**
 - Encourage and motivate children/ youngsters on those subjects they have most difficulties with (mathematics, language...)
- **Discovery of the local territory and prevention of isolation**
 - Detecting interests and motivations to link them to activities, initiatives, community centers in the neighborhood or city.
- **Critical view towards others and diversity**
 - Show active respect towards people, their ideas, live options, beliefs and cultures
- **Improve language skills**

[Educational goals](#)

What resources and tools do we offer mentors to help them achieve their goals?

- Mandatory mentor training (11 hours)
- Supervision and follow up of the mentoring relationships by a trained professional
- Blog with tools and resources: “acompanyateca”, resource maps, pedagogical files, activity guide, monthly cultural agenda (Creative Commons license with mention entandem.cat/recursos)
- Tickets for specific events (theater, concerts, exhibitions)
- Social media. @afevcat @afev.valencia

Now it's your turn!

Goal	Activity
Self esteem, self concept and confidence	
Autonomy and initiative	
Motivation	
Academic orientation and school dropout prevention	
Discovery of the local territory and prevention of isolation	
Critical view towards others and diversity	
Improve language skills	

And now it's up to you!

We hope this workshop brought you some new ideas and wish you good luck on your mission to define the objectives of the mentoring relationships in your organisations.

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self esteem: <https://entandem.cat/recursos/autoestima/>

autonomy: <https://entandem.cat/recursos/uns-mapes-perque-et-situes-un-poc/>

motivation: <https://entandem.cat/recursos/acompanyateca/>

academic orientation: <https://entandem.cat/recursos/millors-jocs-de-taula/>

discovery: <https://entandem.cat/recursos/agenda-cultural-abril-2022-bcn/>

<https://entandem.cat/recursos/organitzar-una-sortida/>

critical view: <https://entandem.cat/recursos/desmuntem-lamor-romantic/>

language: <https://entandem.cat/recursos/fomentem-el-catala-valencia/>

tancament: <https://entandem.cat/recursos/fi-acompanyament/>

<https://123timer.com/>